



Virgin Pulse Voucher Log Date:	Take 5 Movement	Earn 100 Virgin Pulse
Name:	Classes	Points!
Department:		
Email:		

Track Participation and Earn Virgin Pulse Points

- Employees will receive 20 points for each LiveWell Movement Class attended. Vouchers are only issued in increments
 of 100 points (i.e., complete 5 movement classes to receive 100 points).
- Logs can be submitted when 20 activities have been completed. Any combination of Movement Classes may be used to reach the minimum 100 points.
- Employees must sign the attendance sheets in each Movement Class they attend. Attendance sheets will be used to verify participation.
- Employees must track their classes using this form to receive their Virgin Pulse points.
- Logs should be submitted when sheet is complete. Note that logs must be submitted within 6 months of activity completion to receive Virgin Pulse points voucher.
- Submit Voucher Logs to LiveWell@montgomerycountymd.gov to receive credit for participation. Once participation has been verified, log will be returned to participant with a Voucher Code to redeem electronically through the Virgin Pulse website.

Class Name	Location	Date	Time	Instructor
V L			D. C. L	
Voucher:		Date Issued:		
Voucher:		Date Issued:		
Voucher:		Date Issued:		
Voucher:		Date Issued:		